UNITED STATES DISTRICT COURT EASTERN DISTRICT OF NEW YORK	,
MYRLANDE VOLMAR,	
Plaintiff,	ORDER CV 07-1418 (JS)(ARL)
-against- COLD SPRING HILLS CENTER FOR NURSING AND REHABILITATION,	CV 07-1418 (JS)(ARL)
Defendant.	
LINDSAY, Magistrate Judge:	
Before the court is the defendant's letter application dated June 29, 2007, seeking to compel the <i>pro se</i> plaintiff, Myrlande Volmar, to execute five medical authorizations in advance of the initial conference scheduled for July 18, 2007 at 2:00 p.m. That request is denied. Pursuant to Fed. R. Civ. P. 26(d), "a party may not seek discovery from any source before the parties have conferred as required by Rule 26(f). The defendant has previously advised the court that the parties have not met to develop the proposed discovery plan, although the defendant has suggested they do so. Accordingly, the defendant's service of the medical authorizations in May was untimely.	
Dated: Central Islip, New York July 2, 2007	SO ORDERED: /s/ ARLENE R. LINDSAY United States Magistrate Judge